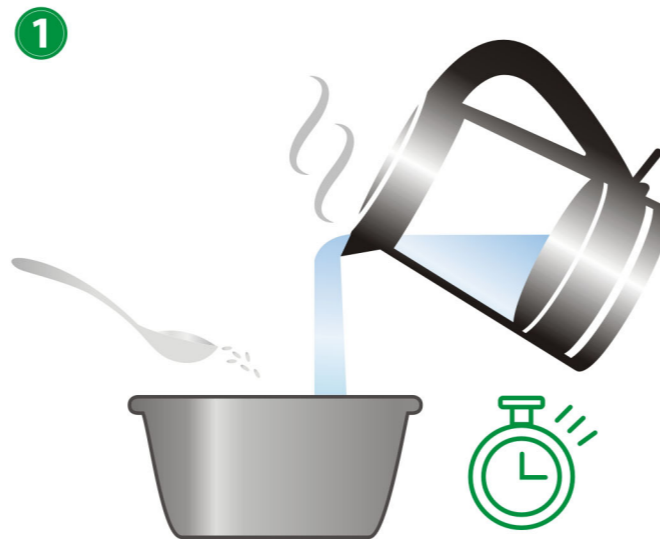


# OATMEAL WITH MANGO

## Ingredients for 4 servings (750 ml):

- 350 g of the PURENA mango purée
- 400 g of natural yoghurt
- 100 g of instant oatmeal
- 1 tbsp of honey
- cereal for decoration

## DIRECTIONS:



Pour just enough hot water to cover the cereal and wait until they become soft.



Add a tablespoon of honey and natural yoghurt to the cereal and mix everything together.



Add in layers: cereal with yoghurt and mango.



Add another layer of cereal and puree. Sprinkle with cereal for decoration.



## Nutrition info:

100 g  
107 kcal

1 serving  
236 kcal

Consume the prepared dessert within 24 hours. Store the opened PURENA packet in the refrigerator for 7 days.