

MANGO SORBET

Ingredients for 8 servings (1 litre):

- 300 g of the PURENA mango purée
- 80 g of the PURENA peach purée
- 170 g of the PURENA apple juice concentrate
- 35 ml of water
- 600 g of ice



DIRECTIONS:



1 Pour the mango purée and Purena peach purée into a blender.



2 Add Purena apple juice and water.



3 Then add ice.



4 Blend everything into a smooth paste.

Nutrition info:

100 g
26 kcal

1 serving
39 kcal

Consume the prepared sorbet straight away.

Store the opened PURENA packet
in the refrigerator for 7 days.