

HOT LEMONADE

Ingredients for 2 l (8 servings of 250 ml):

- 340 g of the PURENA
- ginger-lemon-honey lemonade concentrate
- about 1.7 l of water
- 4 lemon slices

DIRECTIONS:

1

Mix the concentrate with water.



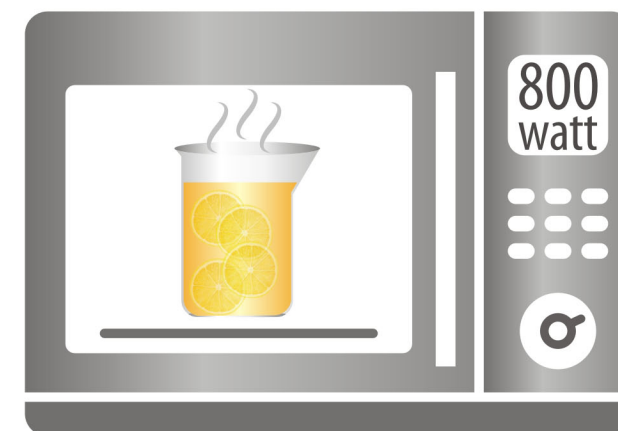
2

Add 4 slices of lemon.



3

Heat it up.



Nutrition info:

100 g
39 kcal

1 serving
97 kcal

Store the opened PURENA packet in the refrigerator for 7 days.