

GUAVA-MANGO-BANANA SMOOTHIE

Ingredients for 4 servings:

- 250 g of guava puree (1 sachet)
- 350 g of mango puree (1 sachet)
- 350 g of banana puree (1 sachet)
- ice cubes



DIRECTIONS:

1



Pour the contents of the sachets into a blender.

2



Add ice.

3



Blend everything.

4



Garnish with mint leaves and fresh sliced banana.

Nutrition info:

100 g
65 kcal

1 serving
163 kcal

Consume the prepared smoothie within 24 hours. Store the opened PURENA packet in the refrigerator for 7 days.