

GUAVA JELLY

DIRECTIONS:

Ingredients for 2 servings (300 ml):

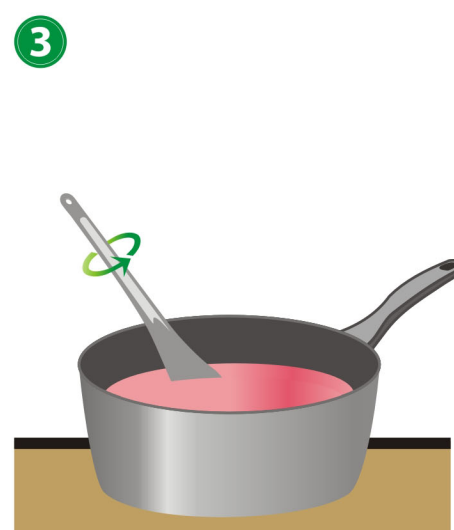
- 250 g of guava purée (1 sachet)
- 80 ml of water
- 80 g of sugar
- 15 g of gelatine



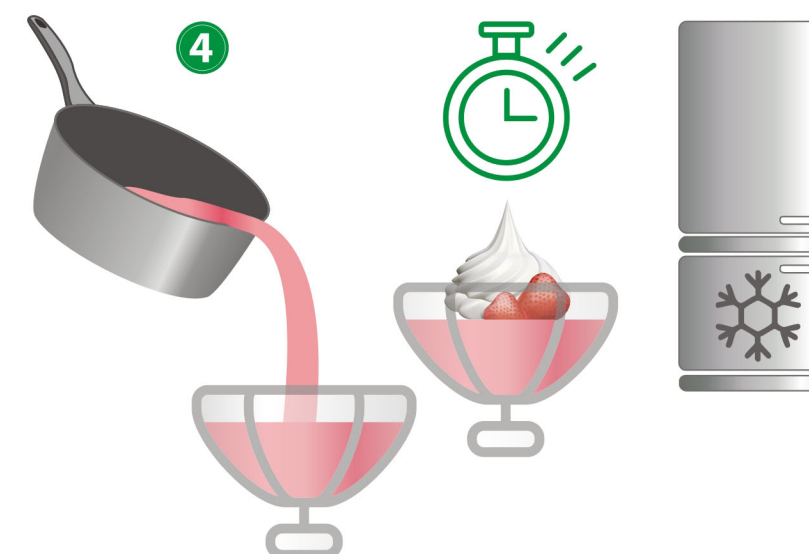
Combine the guava, water and sugar in a saucepan. Bring it to boil.



Take off the heat, pour in the gelatine (the gelatine can be soaked in a few tablespoons of cold water beforehand).



Stir well until the gelatine has dissolved.



Pour into jelly mould and let it cool down. Leave in the fridge.



Nutrition info:

100 g
124 kcal

1 serving
132 kcal

Consume the prepared dessert within 24 hours. Store the opened PURENA packet in the refrigerator for 7 days.