

# BANANA FRAPPÉ

## Ingredients for 5 servings (1 litre):

- 7 g of instant coffee (1 teaspoon)
- 27-30 g of sugar (3 teaspoons)
- 140 g of PURENA banana purée
- 600 ml of milk



## DIRECTIONS:



Pour the milk and banana purée into the blender.



Then add the coffee and sugar.



Add ice cubes at the end.



Blend together into a smooth liquid.

## Nutrition info:

100 g  
65 kcal

1 serving  
120 kcal

Consume the prepared frappé within 24 hours. Store the opened PURENA packet in the refrigerator for 7 days.